

# Winter Youth Basketball 2017



The city will be hosting required Coaches Clinics for all youth sports coaches. These clinics will address what is expected of someone coaching young athletes and league rules. Please **attend one** of the clinics which will be held in the upstairs room at the Ice Arena in Tautphaus Park.

**Coaches/Parent Meetings:**      **Wednesday, December 21st at 7pm or  
Thursday, January 5th at 7pm**



Due to limited Gym space our leagues will give registration preference to city and Bonneville county teams first. Others will be allowed as space is available. Teams from other counties must call and be put on a wait list to be added in the order that they were received as space is available.

## **Leagues offered:**

1st Grade (co-ed)  
2nd Grade (co-ed)  
3rd Grade (co-ed)  
4th Grade (girls)  
4th Grade (boys)

5th Grade (girls)  
5th Grade (boys)  
6th Grade (girls)  
6th Grade (boys)



**Form teams and register as teams at the Recreation Center, 520 Memorial Drive.**

**Registration Fee:**      **\$40.00 per player (includes tax)**  
**Deadline to enter:**    **Wednesday, December 14, 2016**  
**Leagues start:**        **Saturday, January 7<sup>th</sup>, 2017**

- Fee includes reversible jerseys for players
- Replacement jerseys and extra jersey's (coaches or parents), can be purchased for \$10.00 while supplies last.
- Call 612-8580 for more information.
- WITHOUT EXCEPTION, rosters MUST be accompanied by ALL money and waivers. Coaches need to collect fees and bring in at one time.
- DO NOT instruct your players to come in and pay separately.
- For extra players, call the Recreation Center. The City of Idaho Falls reserves the right to add additional players to your team.
- City Rate Card holders can get a reduced rate of \$35.00. See back for details

### CITY RATE DISCOUNTS

Citizens of Idaho Falls through payment of their property taxes, contribute directly to the operation of the Idaho Falls Parks & Recreation Division facilities, programs, and services. A city rate status allows city residents to receive reduced rates. Ask how to receive this status at any of our facilities.

# YOUTH TEAM ROSTER

TEAM NAME OR SCHOOL: \_\_\_\_\_

Beginner: \_\_\_\_\_ Intermediate: \_\_\_\_\_ Experienced: \_\_\_\_\_

COACH: \_\_\_\_\_ PHONE: (TXT) \_\_\_\_\_ HM \_\_\_\_\_

ADDRESS: \_\_\_\_\_ ZIP \_\_\_\_\_

E-MAIL: \_\_\_\_\_

GRADE: 1<sup>st</sup> 2<sup>nd</sup> 3<sup>rd</sup> 4<sup>th</sup> 5<sup>th</sup> 6<sup>th</sup> 7<sup>th</sup> 8<sup>th</sup> (circle one) co-ed \_\_\_ girls \_\_\_ boys \_\_\_

	Name	ADDRESS	PHONE
1	_____	_____	_____
2	_____	_____	_____
3	_____	_____	_____
4	_____	_____	_____
5	_____	_____	_____
6	_____	_____	_____
7	_____	_____	_____
8	_____	_____	_____
9	_____	_____	_____
10	_____	_____	_____
11	_____	_____	_____
12	_____	_____	_____
13	_____	_____	_____

# YOUTH BASKETBALL JERSEY ORDER FORM

COACH: \_\_\_\_\_

TEAM: \_\_\_\_\_

GRADE: \_\_\_\_\_

MESH REVERSIBLE TANK TOP

Youth Small \_\_\_\_\_

Youth Medium \_\_\_\_\_

Youth Large \_\_\_\_\_

Youth X-Large \_\_\_\_\_

Adult Small \_\_\_\_\_

Adult Med \_\_\_\_\_

Adult Large \_\_\_\_\_

Adult x-Large \_\_\_\_\_

The city of Idaho Falls Parks & Recreation Dept. is asking each coach and parent to adhere to the following:

# **Coaches' & Parents' Code of Ethics**

- I will place the emotional and physical well-being of my players ahead of any personal desires to win.
- I will remember to treat each player as an individual, remembering the large spread of emotional and physical development for the same age group.
- I will do my very best to provide a safe play situation for my players.
- I will do my best to organize practices that are fun and challenging for all my players.
- I will lead, by example, in demonstrating fair play and sportsmanship to all my players and the officials.
- I will remember that I am a youth coach, and that the game is for children and not adults.

I understand that breeching any part of the Code of Conduct can result if being removed from the playing area by the umpire/referee or any other employee/designated authority, forfeiting my opportunity to coach or watch the remainder of the game.

**Name of Team Manager (Printed):**\_\_\_\_\_

**Signature of Team Manager :**\_\_\_\_\_ **Date**\_\_\_\_\_

# CITY OF IDAHO FALLS

## JUNIOR BASKETBALL REGULATIONS

### 1st-5th grade

#### General

- All boys/girls must play in the game.
- Rim heights-subject to change depending on where games are played.
  - 8 ft for 1st-2nd grade.
  - 9ft for 3rd grade.
  - 10ft for 4th -5th grades.
- Substitutions
  - 1<sup>st</sup> - 3<sup>rd</sup> grade, substitutions will be done half way through each quarter.
  - 4<sup>th</sup> - 6<sup>th</sup> grade substations must be done on dead ball.
- A junior size (27.5) will be used for 1st-3th grade.
- A girl's size (28.5) ball will be used 4th-5th grade.
- Four (4) players needed to begin the game.
- Teams must play equal number of players if a team is short players. ( 4 on 4 or 3 on 3)
- No play-offs in these divisions.
- No abusive language or behavior to the players or officials. The officials are doing their best.
- This league is for the kids to learn the game of basketball. You do not have to agree with our adaptations but you do need to follow them.

#### Timing

- Four (4) eight (8) minute quarters. The clock will run continuously except the clock will stop on first free throw until the shooter has the ball then it will resume, this will eliminate wasted time while the kids get line up properly.
- Three minute halftime
- Two (2), one minute timeouts per half
- Games need to begin on time. Please do not be late. If late, clock will start 5 minutes after scheduled game time and teams will play the remaining time once game starts.
- Clock stops last two minutes of fourth quarter unless lead is 10 points or greater for grades 4th-5th.
- Clock stops 4 minutes into each quarter for 1st-3rd grade for quick substitutions. **THIS IS NOT A TIME OUT.** Game will be started again immediately.

#### Violations

- No key will be called.
- No back court will be called.
- No ten second line is used. (Referee will prevent stalling).
- No full court press allowed, defense can pick up their man at half court.
- No shot blocking in grades 1st-3nd unless it occurs when hands are straight up.
- Violations in grades 1st-2nd do not result in a turnover (team retains possession and does a throw in).
- No Stealing in 1st-3rd grades, except on a pass

### Scoring

- Will not be kept 1st-3rd grades
- Will be kept 4th-5th grades.
- Score will not be displayed on the clock when point difference is greater than 15 but will be updated at the scorer's table by the score keeper

### Fouls

- Fouls will not be recorded in 1st-3rd grades
- Foul shots will not be shot in 1st-3rd grades
- Player fouls will be recorded in 4th-5th grades.
- Player fouls out after 5th foul in 4th-5th grades
- No Bonus

### Defense

- Man to man defense only. No zone defense.
- No double teaming. Double teaming will not be called if a player gets by his man and another defensive man steps up to help, however once original defender recovers help defense must return immediately to their player.
  - *When a player dribble next to their own teammate and causing another defender to be "within reach" then the "in reach defender" may steal the ball in 4th – 6th grade if he/she can do so without taking a step in any direction to steal the ball.*

### Free Throws

- Free Throws will not be attempted in 1st-3rd grades
- Shooters must start from behind the line. If a shooter crosses the free throw line a violation **will not** be called.
- Players in free throws spaces must remain in space until ball is released, shooters and all players behind the three point line must wait until ball hits the rim.

Rules may be added or changed at any time if necessary.

## 6th Grade Jr. Basketball League Rules

### Follow High School Basketball rules with the following adaptations:

1. All Players must play in the game regardless of skill or ability.
2. 4 eight minute quarters with a running clock, clock will stop on first free throw until the shooter has the ball then it will resume, this will eliminate wasted time while the kids get line up properly.
3. Half time is 3 minutes
4. 4 players needed to begin game
5. No Bonus
6. Any defense
  - a. Double team is **not** allowed if lead is **more** than 10 points
7. Full court press is **not** allowed if team is up by **more** than 10, must pick up man at half court
8. Clock stops last two minutes of 4<sup>th</sup> quarter if lead is 10 points or less.
9. 2-one minute time outs per half
10. Score is not displayed if lead is 15 points or more, but is updated in books.
11. A girl's size ball 28.5 will be supplied. If both coaches agree, a full size 29.5 ball may be used.
12. One three minute overtime period may be played, unless games are behind scheduled start times. No timeouts may be called.
13. Game will begin on time so please do not be late. If one or both teams are late the game clock will start after five minutes and teams will play remaining time. Remaining quarters will be shortened if necessary to remain on time. If one or both teams are not ready to play ten (10) minutes from original game start time then a forfeit will be called.

## DISCLAIMER AND RELEASE AGREEMENT

This release and authorization acknowledges that we may now, or at any time while you are employed, renting, or volunteering, conduct a verification of your motor vehicle records, and receive any criminal history record information pertaining to you that may be in the files of any federal, state, county, or local criminal justice agency and or other information as deemed necessary to fulfill the job requirements. The results of this verification process will be used to determine employment under employment policies. I hereby certify that the information provided by me for this purpose is true and complete to the best of my knowledge and understand that if I am accepted, **any false statements or omissions will be considered as cause for dismissal/removal.** I do hereby agree to forever release and discharges, employee and any of it's agents to the full extent permitted by law from any claims, damages, losses, liabilities, costs and expenses or any other complaint filed with an agency arising from the retrieving and reporting information.

### PLEASE COMPLETE THE BELOW - PLEASE PRINT NEATLY -

DEPARTMENT: \_\_\_\_\_

FIRST NAME: \_\_\_\_\_ FULL MIDDLE NAME: \_\_\_\_\_ LAST  
NAME: \_\_\_\_\_

MAIDEN NAME / FORMER MARRIED NAME(S) / ALIAS  
NAME(S): \_\_\_\_\_

DRIVERS LICENSE #: \_\_\_\_\_ SOCIAL SECURITY NUMBER: \_\_\_\_\_ - \_\_\_\_\_ - \_\_\_\_\_ DATE OF  
BIRTH: \_\_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_  
(Only for driving positions) (Please Write Clearly & Neatly) (Please Write Clearly & Neatly)

List your addresses for the last 7 (seven) years. Include the dates from/to for each address. Please PRINT clearly.

CURRENT ADDRESS:	CITY	STATE	ZIP	COUNTY	FROM / TO
FORMER ADDRESS:	CITY	STATE	ZIP	COUNTY	FROM / TO
FORMER ADDRESS:	CITY	STATE	ZIP	COUNTY	FROM / TO
FORMER ADDRESS:	CITY	STATE	ZIP	COUNTY	FROM / TO
FORMER ADDRESS:	CITY	STATE	ZIP	COUNTY	FROM / TO

FELONY OR MISDEMEANORS: ☐ YES ☐ NO PLEASE EXPLAIN: 1. \_\_\_\_\_

All arrests, charges, convictions and non-convictions  
need to be listed here. List location (county) of  
charge and date of charge. Please do not leave  
anything out and print clearly. It is important you

2. \_\_\_\_\_  
3. \_\_\_\_\_

Signature of Applicant: \_\_\_\_\_ Today's Date: \_\_\_\_\_

Home Telephone Number: \_\_\_\_\_

**If Applicant is under 18, signature of parent or legal guardian**

Signature of parent or legal guardian: \_\_\_\_\_

**\*\*Return completed form to the City of Idaho Falls Human Resources office\*\***



City of Idaho Falls Parks & Recreation  
Release Form

Student Name: \_\_\_\_\_

Parent/Guardian Name: \_\_\_\_\_

Emergency Contact Number: \_\_\_\_\_

Student' allergies or significant medical conditions: \_\_\_\_\_

As a parent or guardian of a participant in this recreation program/activity, I understand the inherent risks that are associated with all athletic & recreational activity. I do hereby waive any and all claims for personal injury which may occur while he/she is participating in this program/activity.

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
Date

**Authorization for Medical Treatment/Indemnification**

I hereby authorize and give my consent to the City of Idaho Falls and its officers, agents and employees and any licensed physician to perform upon or administer to my child, as identified above, any reasonable and necessary medical, surgical or emergency treatment as necessary in their best judgment to stabilize his/her condition or to preserve life or limb. I further agree to pay for all necessary medical treatment as so authorized and to hold harmless and release the City and its' officers or agents from any obligation or responsibility with respect thereto. I further represent that such child has no condition, illness, disease, disability or other limitation that would pose any potential risk of bodily harm or injury to such child, or any other child, except as disclosed above. I further represent that such child has no allergy to any medication or other condition limiting the administration of drugs or medication, except as otherwise disclosed above.

I further agree to indemnify and hold harmless any officer, agent or employee of the City from any and all actions, causes of actions, suits, injury claims, or demands asserted by any third party, with respect to any act, omission, wrongful or unlawful conduct by my child during the course of his/her participation in program/activity.

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